## **Blood Glucose Log**

Week of \_\_\_\_\_











DAY	MEAL			MEAL			MEAL			SNACK/ OTHER	BED	
	4	¥		6	Ĭ		6	¥		4		
Mon												
TIME												
Notes:												
Tues												
TIME												
Notes:												
Wed							<u> </u>					
TIME												
Notes:												
Thurs												
TIME												
Notes:												
Fri												
TIME												
Notes:												
Sat												
TIME												
Notes:										-		
Sun												
TIME												
Notes:							-					

## **Blood Glucose Log**

Week of \_\_\_\_\_











	MEAL			MEAL			MEAL			SNACK/ OTHER	BED	
DAY	4	¥		4	Í	(6)D	4	T		6		
Mon TIME												
Notes:					·							<i>,</i>
Tues TIME												
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Wed TIME												
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Thurs TIME												
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Fri TIME												
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Sat TIME												
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Sun TIME												
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